ATTENTION!

After crossing the Finish Line, continue rowing upstream, beyond the buoy line. Please listen to Marshalls they will instruct you when to turn.

ATTENTION!

Please arrive in the Basin at least 20 minutes prior to your race and begin circulating counter clockwise. Please follow all Marshall commands as you enter the basin and warmup pattern. Marshall's and loud speaker announcements will let you know when to enter the chute for your race.

See reverse side for more Basin Traffic details.
1. **PRACTICE:** Practice is open on Friday to all crews and scullers. The FALS Docks will be staffed as of 10:30 AM on Friday, October 21st. Safety and insurance considerations mandate that all boats be **off the water by 6:00 PM**. No boats will be permitted to launch after 5:30 PM. The course will not be open for practice Saturday or Sunday. Crews violating this rule may be penalized or disqualified. **No turning is permitted between the Finish and Start lines in either the return or racing lanes.**

2. No coaching launches are permitted between Fri AM and Sun PM. Only HOCR Official launches are permitted on the river.

3. Coxswains must obey all HOCR traffic rules.

4. Please respect all HOCR officials and be sure to identify yourself or your crew on the water if necessary.

5. Please be cautious of buoy and race course deployment during practice on Friday.